



**Dana Harbison, MSOM**  
**River of Life**  
**Martial Arts and Wellness Center**

321 Morris Road  
Fort Washington, Pa., 19002

**Notice of Privacy Practices**

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Respect for our patient privacy is highly valued at our office. As required by law, we will protect the privacy of your health information that may reveal your identity and provide you with a copy of our notice which describes the health information privacy procedures of our clinic when providing health care services.

**REQUIRED PERMISSION TO USE AND DISCLOSE YOUR PROTECTED HEALTH INFORMATION**

We will obtain a one-time general written consent to use and disclose your health information in order to treat you, obtain payment for that treatment, and conduct the office operations. This general written consent will be obtained the first time we provide you with treatment or services. This general written consent is a broad permission that does not have to be repeated each time we provide treatment or services to you.

**HOW WE MAY USE AND DISCLOSE YOUR HEALTH INFORMATION**

**Uses and Disclosures**

We use health information about you for treatment, to obtain payment for treatment, for administrative purposes and to evaluate the quality of care that you receive. Continuity of care is part of treatment and your records may be shared with other providers to whom you are referred.

We may disclose identifiable health information about you without your authorization in several situations, but beyond those situations, we will ask for your written authorization before using or disclosing any identifiable health information about you.

**Your Rights:** In most cases, you have the right to look at or get a copy of health information about you at the clinic. You also have the right to receive a list of certain types of disclosures of your information that we made. If you believe that information in your record is incorrect, you have the right to request that we correct the existing information.

**Our Legal Duty:** We are required by law to protect the privacy of your information, provide this notice about our information practices, follow the information practices that are described in this notice and seek your acknowledgement of receipt of this notice. Before we make a significant change in our policies, we will change our notice and post the new notice in the waiting area. You can also request a copy of our notice at any time. For more information about our privacy practices, contact the person listed below.

**Complaints:** If you are concerned that we have violated your privacy rights, or you disagree with a decision we made about access to your records, you may contact the person listed below. You also may send a written complaint to the U.S. Department of Health and Human Services. The person listed below can provide you with the appropriate address upon request.

If you have any questions or complaints, please contact:

Dana Harbison, M.S.O.M., R.Ac River of Life Martial Arts and Wellness Center  
321 Morris Road, Fort Washington, Pa., 19034

**How Does Acupuncture Work?** Acupuncture is a method of encouraging the body to promote natural healing and to improve functioning. It stimulates the body's natural healing abilities by improving an energetic and biochemical balance that results in physical and emotional well-being. This is done by inserting ultra-fine needles, or applying pressure, heat or electrical stimulation to specific acupuncture points which are effective in the treatment of specific disorders.

**Benefits:** Acupuncture is used to treat a wide variety of medical problems including: pain syndromes, withdrawal syndromes, digestive disorders, respiratory disorders, neurological and muscular disorders; urinary, menstrual and reproductive disorders.

**Risks:** Acupuncture is relatively painless and to assure safety, we use packaged sterile disposable needles. Side effects from acupuncture are minimal. It is possible to get a small bruise from a needle, or to feel light-headed following treatment. Some soreness may also result from the treatment.

As acupuncturists, we assess your condition and need for treatment based upon the principles of acupuncture and Oriental Medicine. We do not make medical diagnoses, and suggest that you consult your physician regarding the condition for which you are seeking treatment.

- I, the undersigned, am aware of both the benefits and risks of acupuncture care. I fully understand that there is no implied or stated guarantee or effectiveness of a specific treatment or series of treatments. I have stated all my known medical conditions and will keep the acupuncturist updated on my physical health.
- I also do affirm that I have been advised by Dana Harbison, Pennsylvania Registered Acupuncturist, to consult a physician regarding the condition or conditions for which I am seeking treatment.
- I acknowledge that I have received a copy of Notice of Privacy Practices.

---

Patient's Signature and Date

---

Practitioner Signature and Date